

UNCOVER YOUR PURPOSE

Finding and creating your life's work and purpose will bring you more abundance, joy and well-being than any other single action you can take.

The 10 steps outlined below will guide you to Uncover Your Purpose. These 10 steps are taken from Gina's Soul Quest Awakening™ Process.

By uncovering your purpose BEFORE you head off down a path, you can be sure you are heading down the path that serves your highest good.

Whether you are in business and have hit a plateau, are self-employed or at a transition stage in your life, when you follow the 10 steps below to uncover your purpose and align it with your business, you will experience a significant shift forward and upward.

Why Now?

Now is the time to uncover your purpose. Momentum is building towards a fresh start, a new message and direction for you as you enter the New Year.

This coming year is the year of 1 in Numerology. The year of 1 is all about creation.

This is YOUR year to step into your purpose and to turn your dreams into reality.

How To Uncover Your Purpose

There are 2 phases to Uncover Your Purpose. Phase 1 is Preparation. Phase 2 is the Soul Quest™. Below you will find the phases and steps to take to Uncover Your Purpose.

Phase 1: Preparation

Step 1: Reconnect To Who You Are

The first step to uncover your purpose is to re-connect to who you are. Quieten your mind, quieten your ego and tune into your True Spirit. Your True Spirit is the part of you that is who you really are. Your Authentic and True Self.

There are many ways to quieten your mind. Find the way that works for you. Experiment. When is your mind at its quietest? Notice when you are connected to your True Self. Take note of what you are doing in those moments.

When you are connected to who you are, you will hear those intuitive messages that are coming to you. This is where the magic lies.

Step 2: Raise Your Vibration

Keep your vibration as high as you can, for as long as you can.

Things will knock you off balance and bring your vibration down. That is the natural cycle of life. When it's down, do you let it stay down? NO. You recognise it as quickly as you can and do something to raise it again.

By keeping your vibration as high as you can for as long as you can, you stay connected to yourself. When you are re-connected and your vibration is high, you are in the right space to dig deeper into what you love and to explore your purpose.

Step 3: Use Your Intuition

Intuition needs a quiet, calm, reflective environment to come through.

Begin noticing your intuition. Tune into it and listen. You may need to get quiet to do this.



Step away from your situation that you want clarity on and ask a question. Then focus your attention on whatever calms you and switches your mind off. Create that quiet space to let your mind wander. Listen to what comes up in those moments.

Tune into your intuition. It is there to guide you.

Phase 2: Soul Quest™

Step 4: Soul Questions™

Asking Soul Questions™ digs deep into 'Who Am I?' By asking powerful questions you reconnect to who you are on a deeper level. A SOUL level.

When you reconnect to who you REALLY are, you begin to identify what is fundamental to you in your life. THIS is where your purpose begins to unfold.

Begin by asking yourself: 'Who Am I?' Listen to what comes up for you. Write it down. When you have exhausted your conscious answers, go do something different. THEN ask yourself again and see what ELSE comes up.

By doing this you are delving into your subconscious. You want to access your soul – your core consciousness.

Gina's Soul Questions™ look deep into your Soul Truth's. This is where you begin the process of connecting to your purpose.

Step 5: Life Lessons

Each moment in your life has brought you to where you are today. When you look at those key moments in your life, you will see patterns and themes that are fundamental to you and your happiness.

Begin by drawing out a timeline of your life up to today. Note down all the key moments, insights and influences over the years. Take each one and reflect on what the lesson was for you from that experience. Pull out the key themes that are emerging and come up over and over again.



Every experience is a learning opportunity. Reflect and understand the lessons from your past. They are here to teach you a lesson and show you the way for your future.

Step 6: Releasing The Old

By completing Step 5: Life Lessons, you may have triggered thoughts and experiences from the past.

By releasing the OLD we make way for the NEW and activate the Law of Attraction.

When we release what no longer serves us, we make room for new opportunities and space for our dreams to come alive.

Write down all those things that no longer serve you, that are holding you back, you have outgrown and you want to release.

Regularly release what no longer serves you, holds you back and lowers your vibration. The perfect time to do this is on the Full Moon.

We release the OLD each month through a Releasing Ritual. There are a group of us that come together virtually to release the OLD to make way for the new.

If you fancy joining us, it all happens on this private group on Facebook:

[Authentic Self UK](#)

Step 7: Manifesting

The Universe is in balance. When we release, we instinctively want to bring something else in its place.

Create a list of those things you want to bring into your life. The things you want to create, manifest, cultivate and develop. Be specific about what it is you want to bring into your life.



By regularly releasing AND being specific about what you want to bring in to your life you activate the Law of Attraction. Set your intentions for manifestation to open those new doors of opportunity.

There are a group of us that come together virtually each month, on the New Moon to activate the Law of Attraction and set our intentions for manifesting.

If you fancy joining us for the Manifesting Ritual, it all happens on this private group on Facebook: [Authentic Self UK](#)

Step 8: Themes

Time to collate all the information you have gathered up to this point. The answers to Gina's Soul Questions™ (one was given in step 4), the Life Lessons, the insights coming from your intuition and higher guidance, what you want to release and what you want to manifest.

This information forms who you are, your identity and what makes you feel alive. It shows you what is important to you and the direction of your future.

Take a look at this information. What are the key themes that keep showing up for you in your life? What are the threads that are there through everything you do?

The themes that keep coming up are the building blocks for your purpose.

Step 9: Power Questions™

By asking yourself powerful, soul searching questions around these themes, you will uncover your purpose.

Gina takes her clients through a process called Power Questions™ where you pull together the themes into a clear life purpose that will guide every decision.

When you work with Gina on the Soul Quest Awakening™ you leave with a Daily Mission, your Life Purpose AND your Vision for the Future.



When you hit a fork in the road, you will know exactly which way to go.

There will be no more uphill struggles, challenges or procrastination. Life and your work will flow effortlessly and with ease.

Step 10: Align Your Purpose With Your Work

Take the themes you have uncovered. Look at the work you are doing right now. Are those themes present in your current work? If not, you may feel like something is missing or you may not enjoy your work.

Are the themes represented in your life? If not, what can you tweak to ensure they are?

The Results

By expressing your higher self in everything you do and create, you will experience more abundance, well-being, joy and know exactly how to bring your service to humanity for the greater good.

As you serve (and empower others to do the same), connect to your purpose and do what you LOVE rather than what you think will bring you money, abundance and joy – you will become highly magnetic to those things you want to manifest.

Your Next Step

Let Gina take you through the 10 steps personally.

Gina is the creator of the Soul Quest Awakening™, the 10 step process that re-connects you to who you really are AND guides you to uncover your life purpose.

Ideal Timing To Access This Is When You Are:

- In a transitional phase between employment and self-employment
- At a fork in the road and don't know which way to go
- OR you are looking to add meaning to your current career and align that with your purpose



How It Works

"For 6 months, I am your spiritual guide and personal coach, where I take you through my Soul Quest Awakening™ process.

First up: we delve into my Soul Questions™. We delve into who you are and what lights you up. In doing so, you will recharge, re-connect and de-stress. We also bring any issues to the light, so you can process, heal and move forward with intention.

Second up: we dig deep into 'Why Am I Here' – a big question that we all ask when we hit 35+. Life purpose, what is the meaning of life, where am I going, what does my future hold – we all ponder it... and to 'find yourself'? Your spiritual self and how to bring that into your life and work? That is a big one too.

You will experience the exploration of your Life Lessons, Legacy, what to release, what to manifest and my signature Power Questions™.

We explore ALL that to uncover and connect you to YOUR life purpose, daily mission and your vision for the future.

Third up: we align your life purpose with your current situation. Whether you have your own business, are transitioning or in employment – we look at where you are AND align your life purpose and career. We uncover your purpose, then package and position it to sky-rocket your business and career. Cool ey?
– Gina x"

What You Get During Your Programme

This is a 6 month programme where you will experience the following:

- One-To-One Sessions with Gina: 60 minute coaching calls per month, for 6 months. In your sessions, Gina will personally guide you to answer the 2 big life questions: 'Who Am I' and 'Why Am I Here' using the Soul Quest Awakening™ transformational techniques. You will be expected to check in with Gina and will be active throughout the whole 6 month programme.



- **Conversation Circle:** You have 6 months access to the monthly Conversation Circle that meets online. The Conversation Circle is a lively group of Truth Seekers who engage in spiritual conversations once a month.
- **Private Community:** You have a private Facebook group to share your experiences and journey with a community of people from all over the world on a similar journey to you.

You Choose How Often You Work With Gina

- The VIP Package: Weekly sessions for 6 months
- The Popular Package: 2 x sessions per month
- The Stripped Back Package: 1 session per month

It all starts with a conversation....

Email Gina@ginabattye.com to set up a time to talk.

Connect With Gina

[Sign Up For Strategies to Uncover Your Purpose and Weekly Videos](#)

[Join the Private Community on Facebook](#)

Get Daily Inspiration To Explore your Purpose and Answer 'Who Am I?'

[Subscribe to Gina's Soul Class on YouTube](#)

About Gina Battye

One of the world's hottest rising stars; described as Britain's equivalent to Oprah Winfrey, Gina is an internationally sought after & award-winning spiritual guide, personal coach, speaker & author.



Gina takes you on a Soul Transformation – a journey to connect you to your Soul Purpose and to reconnect you to your True Self and sexual identity. You explore and answer the 2 big life questions – Who Am I and Why Am I Here. All with such ease and grace.

Sexuality and spirituality – together? Gina is creating the space for sexual identity AND spirituality to come together. Into mainstream conversations. Educating and breaking down those barriers.

As the creator of the Soul Quest Awakening™ Process – Gina has established herself as a force to be reckoned with in the sphere of spiritual growth.

For details on the Soul Quest Awakening™ Process, visit Gina at <http://www.GinaBattye.Com>

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